

**FOR IMMEDIATE RELEASE**

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**Contact:** Elizabeth Weidenaar

(423) 622-1800 ext. 231

[eweidenaar@chattfoodbank.org](mailto:eweidenaar@chattfoodbank.org)



CHATTANOOGA AREA  
**FOOD BANK**

## **Area Postal Workers to Collect and Deliver Thousands of Pounds of Donated Food to Chattanooga Area Food Bank**

*National Association of Letter Carriers to host 24<sup>th</sup> annual  
“Stamp Out Hunger” food drive on May 14, 2016*

**Chattanooga, TN** (April 29, 2016) – For the 24<sup>th</sup> year in a row, the National Association of Letter Carriers will host “Stamp Out Hunger,” a community-wide food drive benefitting the Chattanooga Area Food Bank (Food Bank). On May 14, 2016, Chattanooga area residents are encouraged to leave non-perishable food next to their mailbox prior to their regular scheduled mail delivery. Postal workers will collect these food donations throughout the day as they deliver mail. Last year, area letter carriers collected over 164,000 lbs. of food, which equates to nearly 137,000 meals.

For over two decades, the U.S. Postal Service and the National Association of Letter Carriers have collaborated to host a nationwide “Stamp Out Hunger” food drive initiative. From Alaska to Florida and Maine to Hawaii, letter carriers do double duty—delivering mail and picking up donations on this single day. Last year, Carriers collected 71 million pounds of food throughout the country. Each year, Carriers throughout the Chattanooga region spend numerous hours collecting food in support of “Stamp Out Hunger.”

“Eliminating hunger calls for more than money and resources. It calls for people and energy. We can’t thank our area letter carriers enough for their years of dedication to our community,” says Christa Mannarino, Chattanooga Area Food Bank Interim President. “We urge residents in the Chattanooga area to support not only the Food Bank, but also the National Association of Letter Carriers again this year on May 14. Together, we can end hunger in our region.”

This year, area residents are encouraged to leave a bag of non-perishable food, such as canned vegetables, tuna, peanut butter, dry beans, or oats, next to their mailbox prior to their regular mail delivery on Saturday, May 14. **No glass containers.** Carriers will collect these food donations as they deliver the mail and will take the donations to the Food Bank. The Food Bank is also accepting “Stamp Out Hunger” monetary donations to coincide with donated nonperishable items. To make an online donation, community members can visit the Chattanooga Area Food Bank website.

In the Chattanooga region, 1 in 6 adults and 1 in 4 children are unsure where their next meal will come from. Food and funds raised through this event will help to address the need in the community.

**About the Chattanooga Area Food Bank (CAFB)**

Founded in 1982, the Chattanooga Area Food Bank (CAFB) is committed to leading a network of partners in eliminating hunger and promoting better nutrition in our region. The CAFB acquires and distributes healthy food across a 20-county service region including Tennessee and Northwest Georgia with help from its network of over 300 partner agencies. Last year alone, the CAFB distributed over 13.4 million pounds and served over 25,000 people each week. In addition to food provision, the CAFB works to engage the public in the fight to end hunger and empower people to take responsibility for their health and their lives. For more information or to find out how you can get involved, visit our [website](#), like us on [Facebook](#), or follow us on [Twitter](#).

**About the National Association of Letter Carriers (NALC)**

The NALC is the union of city delivery letter carriers working for the United States Postal Service founded in 1889. Today, the NALC maintains its tradition as a vibrant union of over 300,000 members in all 50 states and other U.S. jurisdictions. For more information, visit <http://nalc.org/commun/fooddrive/index.html>.

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